



Saturday 18th Feb 2023 7.00 p.m. **Nellie & P.J. McGovern.**

Sunday 19th Feb 2023 9.00 a.m. **Pro Populo.**

Sunday 19th Feb 11.30. **Farrell Rynn**

Seventh Sunday in Ordinary Time. 20th Feb to 26th Feb 2023.

Mon 9.00 a.m (Convent)

Tue 7.00 p.m (Convent)

Wed 9.00 a.m.(Convent) **(Ash Wednesday)**

Wed 7.00 p.m (Church) Private Intention **(Ash Wednesday)**

Thu 7.00 p.m (Convent)

Fri 7.00 p.m (Convent) Jimmie Mullen.

Sat 10.00 a.m (Convent)

Sat 7.00 p.m (Church) Willie & Peggy Moran (Convent Ave)

Sun 9.00 a.m (Convent) Pro Populo.

Sun 11.30a.m(Church) Phyllis Dolan.

Eucharistic Ministers for next weekend: Group B

Saturday Vigil Mass 7.00 p.m. Roisin & Erin McCauley, Grace & Isabelle Harding.

Sunday 11.30 a.m: Una McManus and Marian Quigley. **Convent:** Group C

Recently deceased: We remember in our prayers Maura Healy (nee Flynn) sister of Jim Joe and Sheila. May her gentle soul rest in peace.

Wedding: Congratulations to Patrick Whitton and Emma Brennan on their wedding day. We wish them many years of health and happiness.

Baptisms: We welcome into our Christian Community Theo Xavier Collings and Madison Stokes who receive the Sacrament of Baptism this weekend.

Drumshanbo Library closed Mon. 27th Feb.to Mon. 6th Mar incl. Normal hours 7th March.

Fundraiser: Please support Concerns Work @Earthquake in Syria and Turkey this Sunday @ 11 a.m. St. Josephs Centre. Leitrim Village.

Enrolment Ceremony for Young Pioneers takes place at the 7pm Mass this Saturday 18 Feb, Vigil Mass of Temperance Sunday 19th. (Congratulations to all our young people)

RTÉ will broadcast Mass Sunday 19 Feb at 11am to mark **Temperance Sunday** Prayers offered for all in treatment for addiction and for those who are in recovery contact@pioneers.ie

Come Back To Me With All Your Heart.

This week we celebrate the Feast of Ash Wednesday, the beginning of the holy season of Lent. The word Lent means Spring, it's a happy coincidence, as this is a time when our world "is exploding with new life". Lent is a time for a new start, a time of hope, healing and health for our body, mind and soul.

Some people like to give up for Lent : others like to take up .

Perhaps this coming Lent we might :

- **Fast from the hurtful words that demean others and demean ourselves ever more, and speak words laced with kindness, understanding and good humour**
- **Fast from rushing and the restless mind and take the time to slow down to rest and reflect.**
- **Fast from the constant addiction to social media and mobile phones especially at meal times and take time to talk and to listen to people face to face.**
- **Fast from "the long face" and take time to smile with our eyes.**
- **Fast from wordless, nameless anxiety and the fear of the unknown and take time to let go to relax and to trust.**
- **Fast from what harms our body, health and mind and cultivate a more healthy diet and lifestyle.**
- **Fast from buying something we don't really need and put that money into our Trócaire box for some of the poorest people in our world in Somalia.**
- **Fast from being hard on yourself,**

"Be kinder to yourself". (Fr. Frankie)